

THE CLARITY TOOL

2 ONE YEAR GOALS (LOOK BACK)

Now, let's fast forward a year. Where do you want to be in these areas? Write it down and capture this vision for yourself. Get emotional, get engaged, get engulfed, and visualize specific details about what made it so amazing.

It's a year from now. Where are you?
Where are you now in your health?
Your finances?
Your relationships?
Your business?
Other areas of your life that matter to you?